

Personal Training Agreement

Welcome! I am excited to work with you and help you accomplish your fitness goals!

Terms and Conditions

Cancellation Policy

- You may take one "life happens" last-minute cancellation per month or per package without penalty. After that, personal training sessions that are not rescheduled or canceled **12 hours in advance** will result in forfeiture of the session and a loss of the financial investment at the rate of one session.

I have read and understand this term: _____(initial)

Late Arrival

- Clients arriving late will receive the remaining scheduled session time, unless other arrangements are made and agreed upon with your trainer.

I have read and understand this term: _____(initial)

Package Expiration Policy

- Packages expire 2 months after purchase. Personal training sessions are void after this time period, unless other arrangements are made and agreed upon with your trainer.

I have read and understand this term: _____(initial)

Refund Policy

- Packages are non-refundable.

- All packages **are** transferable. You may transfer remaining paid sessions to a family member or friend.

I have read and understand this term: _____(initial)

Print Name

Client Signature

Date